

Detail Itinerary

Teri la pass trekking route is located very near to the Tibetan border and lets you identify Tibetan Buddhist way of life in the region. It is set near the isolated, rustic sets between Mustang and Nar which are the vital region in Damodar Himal. An extraordinary landscape with walls made of red colour rocks, colourful canyons and striking structures of erosion distinguishes this wilderness alpine land in Mustang region. The trail also lets you traverse challenging Teri La Pass(5,590m) and takes you to the stunning veiled Nar Phu valley where antique villages, as well as monasteries, are set which are untouched by the modern world. After experiencing to cross Teri La pass, the major highlight of the trek we will also make a trip to an ethnically rich village in the valley of Phu.

Teri La Pass Trekking follows a mesmerizing track along the veiled striking scenery of Mustang region which was formerly restricted to outsiders. It was opened to trek in 1992, yet you still necessitate getting a special permit to make a trip to the region. The hike will let you reach Lo-Manthang, the capital of Mustang. This incredible trekking option is situated on the boundary of Tibet. Plus, you will get to see very old villages, traditional palaces, age-old castles and Tibetan monasteries. The trek offers the visitors explore and understand the long-established Tibetan-Buddhist culture.

Teri la pass trekking designed by Nepal Kailash Trekking is considered as most enigmatic and hardly ever recognized the kingdom of Nepal. You need to have an individual consent from the immigration department the cause is to safeguard the environment. You must be bodily fit and have prior experience of trekking to go for Teri La pass Trekking. Overall, this easy trekking option will let you walk enjoying the scenery, various ways of lives, geographic altitude and traverse the challenging passes.

Be prepared for Teri la pass and keep in mind trek to over Teri la May to September, lately October

- # Take an experienced guide and staffs
- # An Ice axe and approximately 50 meters climbing the rope
- # Detail good map
- # Good sunglasses
- # Satellite phone and better to have GPS
- # Pair of good trekking stick
- # Good headlight
- # Water and windproof climbing shoes with at least 5 pairs of socks

Trip Facts

- Trip Duration: 30 days
- Trek Duration: 24
- Trip Code: 007

- Primary Activity: Trekking/climbing
- Secondary Activity: City sightseeing
- Max. Group Size: 10
- Min. Group Size: 2
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Trip Grade: Hard
- Max. Height: 5590m
- Accommodation: Lodge/tent
- Season: May - Oct
- Other Info:

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Cost Includes

- All ground transports by private vehicle as per itinerary required
- Kathmandu and Pokhara accommodation inclusive breakfast as per itinerary
- All entry fees as per itinerary - Upper Mustang special permit per head US \$ 500 for the first 10 days, then after 10 days US \$ 50 per head per day, ACAP fee 2000 per head and required monasteries entrance fee {bring 2 copies passport size picture}
- Pokhara-Jomsom-Pokhara round trip airfare and airport tax + Guide
- Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee
- An English speaking highly experienced friendly and helpful trekking guide
- One porter for two members for lodge trekking and required porters for camping
- An experienced trekking cook from Day 14 to Day 27 and his salary/food/accommodation/insurance
- Guide salary/food/accommodation/insurance and required transports
- Porters salary/food/accommodation/insurance and required transports
- Tent, mattress, chair, table and cooking utensils during camping trek and transports
- Rain protection duffel bag for luggage
- Company guarantee the rescue services if needed; please hand over your insurance policy copy to us
- Government taxes and office service charge

Cost Excludes

- International airfare
- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US \$ 25, for 30 days US \$ 40 and for 90 days US \$ 100 or Equivalent convertible currency {bring 2 copies passport size picture}
- Pokhara staying on flight cancelation due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking
- Hot shower except Jomsom
- Battery charge during trekking
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Horse riding along the trek
- Horse or jeep to Chhoser cave or border { talk to guide because the rate gets better on locally discussion}
- Extra cost on natural disaster
- Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece
- Kathmandu sightseeing {it will be extra because we should arrange according your staying in Nepal}
- Any other expenses which is not mentioned in the cost include
- Tips to staffs