

# Detail Itinerary

Renjo La Pass Trek is a high altitude pass trek in Everest region. You can see four over 8000m mountains including Mt Everest. In this trek, you will visit popular Gokyo lakes. This trek offers a breathtaking with your heart stops view over Mt Everest (8848m), Lhotse (8516m), Makalu (8485m) and Cho Oyu (8201m). It is not enough that you see because of there are still more than 20 mountains surrounding you. You can also combine [Everest Base Camp](#) with Renjo La pass if you have more days. And also, if you are physically fit for the trekking then suggest you [Everest Three Pass Trek](#) (Renjo La pass, Cho La pass, and Kongma La pass).

## Cultural of Khumbu and Around

[Cultural](#) of Khumbu and Around, the upper region of Everest is known as Khumbu and lower known as Solu. In the upper part, it is culturally rich with Buddhism and lowers part people are mix cultural (mostly Hindu and Buddhist). You can see beautiful monasteries along the Renjo La pass trek. Lukla (Chauri Kharka), Ghat, Phakding, Namche, Thame, Mochhermo, Dole, Khumjung, and Khunde are the main Sherpa villages along this trek. If you have flexible time then [Nepal Kailash Trekking](#) suggest you not to miss Khumjung and Tyangboche Monastery.

## Summarize of Renjo La Pass Trek

Renjo La Pass Trek is one of the best views routes of these passes. The pass provides you a huge dramatic eye-catching scenery range of Mt Everest across Gokyo Lakes. You can visit Khumjung monastery, especially for a Yeti Skull. After paying limit fees (approx Rs 100 per person). People are very popular in the Khumbu region in the world as strong Sherpa because of them used to climbing the highest mountains of the world as a superman. So, Khumbu is a land of Sherpas. Thame is one of the nicest places in Rengi La Pass trek. The way to Tashilapcha provides you a peace and beautiful scenery of the valley with mountains.

## Trip Facts

- Trip Duration: 18 days
- Trek Duration: 14
- Trip Code: 05
- Primary Activity: Trekking
- Secondary Activity: Stunning flight
- Max. Group Size: 16
- Min. Group Size: 1
- Starts Point: Lukla
- Ends Point: Kathmandu
- Trip Grade: Moderate
- Max. Height: 5545m
- Accommodation: Lodge

## Detail Itinerary

### Day 01: Arrival at TIA, KTM

Nepal Kailash Trekking representative picks you up and transfers to hotel, refreshment and free time.

### **Day 02: Trip preparation day**

This day is reserved for a preparation day for the trip, or you can do Kathmandu sightseeing as your wishes. Special, we reserved one day for a flight to Lukla from Kathmandu or to Kathmandu due to weather for flight. This is why it is much better to fly to Lukla on the second day.

### **Day 03: Flight to Lukla 2840m and trek to Phakding 2610m) 2 ½ to 3 hrs**

An early morning pick you up your guide from the hotel and take you to domestic airport for Lukla flight. The flight takes you a breathtaking panorama view of the Himalayas, including the world highest Mt. Everest. After breakfast, you will start the trek along the Dudh Koshi (Milk River). Overnight at lodge.

### **Day 04: Trek to Namche Bazaar 3445m, 5/6 hrs**

The trail will lead you towards Dudh Koshi River. From the lower Monjo, you can see Khumbila above Namche Bazaar. Khumbila is a sacred peak of the Khumbu valley. The trail goes gradually ascending and become harder. You will be seen the first glimpses of Mount Everest as you are crossing the mighty Hillary Bridge. The next section of the trail will be more difficult. Namche Bazaar where an interesting sightseeing as to how the people in the region survive. Namche Bazaar is like a little Thamel, Kathmandu. Overnight at lodge.

### **Day 05: Acclimatization day around Namche Bazaar**

Explore the day around Namche Bazaar with the impressive views of Mount Everest, Thamserku, Ama Dablam and other magnificent peaks from the Sagarmatha National Park Headquarters where is perched on the east ridge of a village which houses a museum with military quarters. Or you can do a side trip up to Everest view Resort which lies above Syangboche airport, and visits to Khumjung and Khunde which is the Sherpa traditional and lifestyle. You can see a piece of Yeti's head at Khumjung monastery. Overnight back to Namche lodge.

### **Day 06: Trek to Thame 3750m, 3/4 hrs**

The preliminary section of the day is easy-walking, mostly flat however the views will be shameful. After a couple of hours, you will reach Thame. Along the way, pass a couple of Sherpa villages.

### **Day 07: Explore Thame**

Visit Thame Monastery and continue valley that leads to Tashilapcha pass. for acclimatization. It's a peace and a beautiful valley. There is a like settlement but its huts for yak and sheep. By Locally, you can have light lunch there and back to Thame. overnight Thame Lodge.

### **Day 08: Trek to Lungdeng 4500m, 4/5 hrs**

The trail gradually ascends and passes through many Sherpa En route with different types of plants and animals, settlement of Sherpa people. The across Tibetan Yak Caravans trading en route to and forwards Namche to Tibet. Overnight at lodge.

### **Day 09: Trek to Renjo La Pass 5340m and Gokyo 4790m, 8/9 hrs**

From Lung Deng crosses a chorten on top of a ridge before ascends and descends. We will pass through some villages and rhododendron forest before reaching the Yak Kharka. The place is located below Renjo La, approximately about 4950m. Trekking continuously to Renjo Pass 5340m, slippery trail up to the Renjo Pass which awaiting you fantastic panoramic views of the surrounding, then descend to Gokyo 4790m. Overnight at lodge.

### **Day 10: side trip to Gokyo Ri 5483m, 3 hrs (Ascend)**

An early morning hike to the top of Gokyo Ri, which have stunning views of the Gokyo valley, the

massive Ngozumpa Glacier, longest glacier in Nepal and an incredible panoramic view of the Khumbu Himalayas of – to east Mt Everest standing , Lhotse, Nuptse, Makalu (8481m), to the north Cho-Oyu (8153m) and Gychung Kang (7922m), to the South - Kangtega, Thamserku and many more. Gokyo Ri is one of the highlights of the trek. Back to Lodge and have lunch. Overnight at lodge.

#### **Day 11: Trek to Phortse 3950m, 2 hrs**

It is an alternative route to trek down to Phortse and the route follows by very few trekkers. But it is the best route than trek through Machhermo and Dole because the route of Phortse village via Thar offers much better views of Khumbila and more peaks. Phortse is one of the oldest and biggest settlements sherpa villages in Khumbu region. Overnight at Phortse lodge.

#### **Day 12: Trek to Tyangboche 3860m 2 hrs - Namche Bazaar 4 hrs**

Takes about 2 hours by walking first down to Imjatse river the climb up to Tyangboche through a nice and peaceful forest, from where you can see a beautiful Mt Ama Dablam through the forest. You may see wild animals like Himalayan Goat, musk Deer, Pheasant. You just reach behind of the Tyangbiche Monastery and spent some time there then leave after lunch for Namche. Overnight at Namche Lodge/Hotel.

#### **Day 13: Trek to Lukla**

#### **Day 14: Lukla to Kathmandu**

#### **Day 15: Departure day**

## **Cost Includes**

All ground transports by private vehicle as per itinerary required

Kathmandu accommodation inclusive breakfast as per itinerary

All entry fees as per itinerary – Sagarmatha National Park fee, Trekker's Information Management System Card fee {bring 2 copies passport size picture}

Kathmandu Lukla Kathmandu round trip airfare and airport tax + Guide

Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee

An English speaking highly experienced friendly and helpful trekking guide

One porter for two member

Guide salary/food/accommodation/insurance and required transports

Porter salary/food/accommodation/insurance and required transports

Rain protection duffel bag for luggage

Company guarantee the rescue services if needed; please hand over your insurance policy copy to us

Government taxes and office service charge

## **Cost Excludes**

International airfare

Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US \$ 25, for 30 days US \$ 40 and for 90 days US \$ 100 or Equivalent convertible currency {bring 2 copies passport size picture}

Kathmandu and Lukla staying on flight cancelation due to bad weather

Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking

Hot shower from Namche

Battery charge during trekking

Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

Extra porter for the personal day bag pack

Horse riding along the trek

Extra cost on natural disaster

Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece

Kathmandu sightseeing {it will be extra because we should arrange according your staying in Nepal}

Any other expenses which is not mentioned in the cost include

Tips to staffs