

# Detail Itinerary

Lhasa Everest Base Camp Tour, which stands 3650m, is one of the places that trekkers would really like to visit. It's now not best because of the elevation however additionally because of unique cultural and nonsecular records that lie over there. Lhasa is called after Lord Buddha, that's the cause why it is also diagnosed as Buddha Land or Holy Land.

We begin our adventure by using taking a mountain flight to Lhasa from Kathmandu for you to provide you spectacular views of the mountain like Mount Everest. once we land, we explore things around Lhasa such as background websites, monasteries, a vintage section of the town and greater. The charms contain the best Jokhang Temple, Potala Palace, Barkhor market, Sera Monasteries and several more. once you are achieved exploring, we go away Lhasa through riding thru Turquoise Lake, YamdrokTso to Gyantse. In Gyantse, we are able to be touring the well-known Gyantse citadel and Kumbum Monastery. We pressure to Shigatse after that, which gives us super locations to visit including Tashilhunpo Monastery, the seat of the Panchen Lama and plenty more. Later, our trip keeps via excessive passes above 5000m. Then, we gather everybody around and visit Nomad Camps and revel in the relaxation of our day sightseeing the sizable Tibetan Plateau. We are able to be off to the vicinity named Tingri after that. From Tingri, as soon as we attain Tingri, we're going to quit our day and live on the inn. Our third day starts with a hike or drives to Rongbuk. After you attain there, it's miles as much as you to decide what you want to do that day. The next day is one of the highlights of this Tibet Everest base camp. you will be heading toward the Everest Base Camp Tibet. it is able to say Tibet EBC excursion as nicely. we will be putting our eyes on the greatest Mountains inside the international like Everest, Cho Oyu, Makalu, and Shishapangma. Our tour involves cease after this and we will be heading returned to Kathmandu via Bhotekoshi River.

Lhasa is one of the places to go to once in your lifetime as it isn't just about sightseeing but also about getting to know different cultures; experiencing what wouldn't it be like to go over mountains, etcetera. So, if you are interested in Overland Lhasa excursion, we, Nepal Kailash hiking would like to accommodate you with our itineraries.

## Trip Facts

- Trip Duration: 11 days

## Detail Itinerary

### **Day 01: Arrival at Tribhuvan International Airport (TIA), Kathmandu, Nepal, overnight Hotel**

Arrival in Kathmandu. Pick you up from Airport & transfer to Hotel by our company representative and brief about the program, Bed, and Breakfast

### **Day 02: Preparation day Overnight Hotel**

This day in Kathmandu - for preparation and conformity, evening briefing about the tour, overnight Hotel on BB plan

### **Day 03: Flight from Kathmandu to Lhasa**

In the morning transfer to airport for the flight from Kathmandu to Lhasa. The flight takes an hour to Lhasa an hour plus (weather permitting). If there is a clear weather it offers a stunning view of

the Himalayas, the highest mountains in the world Mount Everest. Lhasa airport Gongkar, from here drive to Lhasa about 60 km. Just before Lhasa visit the Drolma Lhakang monastery in Netang, it is dedicated to the goddess Tara. You stay in a hotel with mostly Tibetan management not far from Barkor. Afternoon free for acclimatization (it is the most important because of the altitude).  
Overnight Hotel Dood Gu

#### **Day 04: Lhasa**

This day in the morning visits the Jokhang monastery. It is the holiest site with an interesting legendary, the ritual circuit around the Jokhang and then visit the Ramoche, it is a tantric faculty and walk through the Tibetan market. Overnight Hotel Dood Gu

#### **Day 05: Lhasa**

The day, it is the main dreamful of your lifetime (it can be). In the morning visit the Potala palace Dralha Lhupuk around, the legendary residence of the Dalai Lama, the palace has approximately 1000 rooms Overnight Hotel Dood Gu

#### **Day 06: Lhasa**

Drive to Drag Yerba valley and evening back to Lhasa, overnight Hotel Dood Gu

#### **Day 07: Drive to Yamdrok Lake - Gyantse**

You are going to leave the Lhasa this morning, driving distance is about 270 km. After crossing the Tsangpo on beautiful route climb to the pass of the Khampa La (4794m) and panoramic view back to the Tsangpo and advance to Yamdrok Lake. On the way visit the Samding monastery, it is dedicated a female incarnation. The route follows the shores of Yamdrok long, windy over the Karo La (5010m) and the Zhimi La (4370m) to Gyantse (4070m). overnight Hotel, Gyantse

#### **Day 08: Drive to Gyantse - Shigatse**

This morning visit one of the oldest Ghökang (Chamber of protective deities ) and the monastery Pälkhor Chode with art treasures. Visit the unique Kumbum, a walk around stupa in the form of a multi-story mandala with 85 chambers with numerous sculptures in each chamber and a total of 27 ' 000 pictures of Buddhist deities. And drive to Shigatse approximately two hours. Visit Tashi Lumpo, the "mountain of happiness," the huge monastery of the Panchen Lama, one of the few that remained intact, in Shigatse, overnight Hotel

#### **Day 09: Shigatse - Sakya - Rongbuk**

Today, going to the foot of the world highest peak via Tingri It is well known as Mount Everest 5200m and Tibetan called Chomolungma. Jeep drives you to Rongbuk 5000m from where you have to hike about 2 hours to reach to Eve rest base camp & come back to Rongbuk. Overnight Hotel

#### **Day 10: Rongbuk - Mt Everest Basecamp - Zhangmu**

Today we leave Tibet plateau by passing the high passes Lalung La 5030m & Thong la 5153m. It gives you spectacular Himalayas of Tibet & Nepal. After those passes, it brings you greenery scenery and easy to taking a breath. From Nyalam, drives between big hills and follow the Bhote Koshi, its scenic scenery along the way. This evening better to make programmed to tipping to the crew of Tibetan. Overnight Hotel on full board.

#### **Day 11: Zhangmu - Kathmandu**

Drive about 20 minutes down to Friendship Bridge and complete the necessary customs formalities and Crossing the border into Nepal. In Nepal side will be waiting for our border representative with transport for Kathmandu, it takes about four to five hours, depends on the road condition.

#### **Day 12: Departure**

We transfer to airport and the service is finished

## **Cost Includes**

- Airport picks up and drops
- Kathmandu hotel as per itinerary on BB (Bed and Breakfast)
- Chinese visa fee
- Kathmandu Lhasa airfare (Present rate is ... per ticket, subject to be changed)
- An English speaking Tibetan guide in Tibet
- The entry fees as per the itinerary
- Oxygen cylinder and first aid kits
- Rain protection duffel bags for luggage
- Standard hotel in Tibet
- Hiece van or jeep {necessity transport as a group size}
- Government taxes and company service charge
- Fare well dinner in Kathmandu in the end of the tour

## **Cost Excludes**

- International airfare (except Lhasa)
- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US \$ 25, for 30 days US \$ 40 and for 90 days US \$ 100 or Equivalent convertible currency {bring 2 copies passport size picture}
- Alcoholic beverages, soft drinks bottle of mineral water, Coca-Cola
- Meals in Kathmandu (Lunch and Dinner)}

- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance (clients are required to hand over us insurance copy)
- Extra porter for the personal day bag pack during Kailash Kora
- Horse/Yak riding along the trek
- Political disturbance blockade expenses
- Extra cost on natural disaster
- Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece
- Kathmandu sightseeing (it will be extra because we should arrange according your staying in Nepal )
- Any other expenses which is not mentioned in the cost include
- Tips to staffs