

# Detail Itinerary

Kailash tour via Saipal Himal trek will be the most memorable trip of your life. **Saipal Himal** is one of the extremely rewarding and hidden path treks in western Nepal Himalaya. It is **the heaven of the earth**, why not visit before we die. So, we do not need to wait for our death to see heaven. Mt Saipal (7031m) is a beautiful and second highest mountain in the far-west region of Nepal. This trek presents you majesty Himalayan views. It lies in Humla district and the maximum elevation of this Saipal Himal trek (Shankha Pass 4700m and exit for Yari approx 5000m) in Nepal part. The Humla region is one of the most fascinating places in Nepal. Among them, most people are Hindus and Buddhist. Still, you can see some practice polyandry in Saipal Himal trek or in Humla region. The Saipal Himal trekking will be through indigenous villages as well as lakes. It offers flora and fauna and lovely in peace wilderness nature. It offers flora and fauna and lovely in peace wild nature. You will be encountered with **trans-Himalayan sheep rail**, it carries especially salt and other goods from Tibet/Hillsa boarder.

[Kailash Trekking tour via Simikot](#) is the most reliable regarding try to avoid altitude sickness. Normally the main route follows up the Karnali River towards west from Simikot. After a day or two days trekking, there are other routes like for Limi valley and Saipal Himal. The Limi valley trail meets at Hilsa via Nyalu La pass and Halji. Such a way, Saipal Himal trek trail joined at Muchu which is the main route of Kailash via Simikot and another route trail joined at Yari (both routes should cross Nara Lagna at the end for Hilsa). If you do not wish Kailash tour then can turn to [Limi Valley](#) then back to Simikot (Far North Western Nepal Trek).

## Trip Facts

- Trip Duration: 34 days
- Trek Duration: 17
- Primary Activity: Trekking
- Secondary Activity: Tour
- Max. Group Size: 16
- Min. Group Size: 2
- Starts Point: Kathamandu
- Ends Point: Kathmandu
- Trip Grade: Hard
- Max. Height: 5630m
- Accommodation: Camping
- Season: May - Oct
- Other Info: recomend who already acclimatized in high Himalayan trekking

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## Cost Includes

1. Airport Pick up drops 3 times by private coach/van
2. Nepalgunj airport transfers

3. Kathmandu Hotel 2double bedroom with 2 room for 4 Nights
4. Nepalgunj hotel for one night with full board meal
5. Kathmandu Nepalgunj flight w/needed tax
6. Nepalgunj to Simikot flight w/needed tax
7. Cook airfare to Simikot from Kathmandu
8. Cargo
9. Mules & porter
10. Meals from own camping kitchen by trekking cook during Nepal part (Breakfast, lunch and Dinner with tea/coffee),
11. Tent, mattress, and cooking utensils during camping trek
12. Humla special permit
13. Humla community
14. Chinese visa fee
15. Camping charge made by local (community)
16. Border crossing porter/luggage fee
17. Land Cruiser/Jeep pick up from Kerung border
18. Cook salary KTM to Hilsa Border back to Kathmandu
19. Rain protection duffel bag for luggage
20. Cook returns air ticket
21. Hilsa border crossing (local community) fee
22. Double sharing sleeping tent during Nepal part
23. Breakfast, Lunch and dinner in Tibet
24. Accommodation as mentioned in the program
25. All necessary Tibet entry and road permits
26. 1 Local Tibetan English speaking guide,
27. Transportation (one van) in Tibet
28. All entry fees to the sites and monasteries in Tibet

29. Porters around Kailash trek
30. Different kinds of snacks like biscuits, dried fruit, toast, coffee, tea, etc for the breakfast
31. Bed and Breakfast for entire tour in Tibet
32. Kailash and Mansarovar conservation fee
33. Kailash and Mansarovar conservative bus fee
34. National grassland conservation fee
35. Oxygen in case needed during in Tibet
36. First Aid kit (suggest to have own better)
37. All staffs salary/insurance/food/accommodation
38. Farewell dinner in Kathmandu at the end of the trip
39. Kathmandu Sightseeing

## **Cost Excludes**

- International airfare
- Nepal visa
- Nepali Trekking Guide (\$ 450 extra if needed) till to Hilsa Border
  
- Helicopter charter to Simikot from Nepalgunj on flight cancelation due to bad weather
- Extra nights Hotel in Nepalgunj on flight cancelation due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral water and snack during trekking
- Meals in Kathmandu( Lunch and Dinner)
- Restaurant food bills during camping if out of the plan
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Horse/Yak riding along the trek/Kailash Kora

- Political disturbance blockade expenses
- The extra cost of natural disaster
- The sleeping bag can be rented from company @ USD 1.00 per day per piece
- excess baggage
- Tips for staffs/drivers
- Any other expenses which are not mentioned in the cost include

**Note: - Single tent/room supplement charge will be extra charged (US \$ 400)**