

# Detail Itinerary

**Gokyo valley trekking** gives a walk all of the ways through sherpas villages with panoramic views as well as Gokyo Lakes and the most bright panorama and stunning perspectives of the mountain range in the place. Our motive is to get to the excessive elevation and notice 5th lakes of Gokyo (4990m). Gokyo is a veiled valley with stunning blue lakes in the lap of Himalaya. The complete place is blessed with the prosperous natural splendor of sparkling Gokyo lakes. Gokyo valley trekking is enthralling surroundings rewards you which includes exceptional perspectives of Everest (8848m), Makalu, Cho Oyo (8153m) and Lhotse (8511m) from *Gokyo Ri*. This magnificent trek called Gokyo Lake trek as well because of the Valley of Lakes. Gokyo lake trek Nepal is perspective wonder Meuse on earth. Gokyo lake trek Nepal is included in number five wonders in National Geography in Asia. If you want [Everest Luxury Trek](#) then you can hike up to Ama Dablam Base Camp.

Gokyo valley trekking is hard and difficult trek appropriate most effective for a bodily match and experienced hikers who love the venture. if you are quite experienced in high altitude mountain climbing and are seeking out a few adventure trek, this trek is absolutely appropriate for you. We can observe as much as 5th lakes which additionally breathtaking day experience in Nepal Himalayas, Gokyo lakes come to be Dudh Koshi (river).

Gokyo Valley Trekking also starts with a flight to Lukla (2,805m) from Kathmandu, we trek up to Gokyo Ri viewpoint (5360m) and once you reached the top of the Gokyo Ri - it's the Heaven of the earth, no need to wait next life for Nirvana. Ngozumba glacier beside Gokyo valley trails which is about under the astounding Icefall from the world 6th highest Mount Cho Oyu. Ngozumpa Glacier is the longest (36 kilometers) glacier in Nepal Himalaya. The trek further passes through the landmarks of Everest area which embody majestically towering mountains, pleasant Sherpas, shiny monasteries and prayer flags, the Namche Bazaar, the Sagarmatha country wide Park, and plenty extra. Then, we will flip off the principal path to move the Cho La pass (five,422m) into the [Everest Base Camp](#) Valley if you have a minimum of three days more. To pinnacle off this specific trek we climb Kalapathar (five,545m) for a surprising view of the best mountain panorama in the world.

Allover, The Nepal Kailash trekking designs this trek to take you through the fascinating villages and Tibetan Buddhist monasteries and experience the culture and hospitality of the Sherpa people, who will truly win your heart.

## Trip Facts

- Trip Duration: 16 days
- Trek Duration: 13
- Primary Activity: Trekking
- Starts Point: Kathamadnu
- Ends Point: Kathmandu
- Trip Grade: Medium hard
- Max. Height: 5360m
- Trip Mode: flight
- Accommodation: Lodge
- Season: March - May, Sept - Dec.

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**Day 01:** Arrival at Tribhuwan International Airport (TIA) 1350m, Kathmandu, Nepal

You will be picked up by our Airport Representative, and transfer to hotel. Overnight If your arrival early of the day then can do some sightseeing nearby your hotel. at the hotel with bed and breakfast (B.B.)

**Day 02:** Preparation for the trip

This day in Kathmandu - for preparation and conformity, evening briefing about the tour, overnight Hotel on BB plan

**Day 03:** Fly to Lukla 2800m and trek to Phakding 2610m, 3 hrs

Pick up from Hotel in an early morning, we drive about 20 minutes to Tribhuwan International Airport. After 45 minutes exciting flight to Lukla, you begin your trek to Phakding approximately three hours easy walking. Overnight lodge.

**Day 04:** Trek to Namche Bazaar 3440m, 6 hrs

You will begin trek normally flat following towards to Dudhkoshi after crossing the bridge at Phakding. The trails go still flat, up and down about 3 hours to Jorsalle. You would have seen already Thamsarku, Kusum kangaroo and from just before Monjo Khumbu la above the Namche. There is a place where start Sagarmatha National Park, check yours permits just 20 minutes before Jorsalle, name of the spot lies end of the Monjo. From the Hillary, Bridge gives you a view of the Taboche peak across the Tyangboche after half an hour climbing the first view of the world highest peak Mt Everest and more. You have to climb up in altitude about two and half hours after crossing the Hillary Bridge,

**Day 05:** acclimatization day

This day, you can hike to Thame valley or Khumjung Khunde valley via world highest airport Syangboche (3790m) and Hotel Everest View. There is a museum above Namche in the military campsite and Sherpa cultural museum where you can watch video project by paying their certain fees. This place also gives you the world highest Mount Everest view and many more. Back to Namche for the 2nd night.

**Day 06:** Trek to Phortse Thanga 3680m, 3 hrs

By leaving Namche Bazaar after climbing little up then starts gradually flat trail till to Kyangjuma. On the way, you can see wonderful mountains views Ama Dablam 5856m including world highest peak on the earth across the ridge of Tengboche hill and valley, To the left valley Cholates 6443m and Taboche 6542m above the cultivated field and Phortse village 3810m, this valley leads you to Gokyo. Trekking trail can be seen left valley upper long trails to Monla 3975m where several lodges are situated at the ridge of the top pass. About an hour ascend reached to Phortse Thanga Riverside of the Dudkoshi. Overnight lodge.

**Day 07:** Trek to Dole 4090m, 2 hrs

Immediately, leaving lodge of Phortse you have to follow an ascending trail to reach Dole. This day walk through peace forest of Rhododendron and end section scrub of the juniper. You can see

through trees Mount Cho Oyu 8201m towards the valley by steeply climbing up. If you would stay Dole as previous night instead of Phortse then this day could be Machhermo. Because some trekkers used to trek Namche to Dole as well. Beware of the altitude. Overnight lodge.

**Day 08:** Trek to Mochhermo 4410m, 1.30 hrs

Today also short walking day, after little climbing from machhermo you reach to the ridge top of a little pass. This spot gives you dramatic mountains view both sides to towards and back valley as well. This day you can hike up for acclimatized. Overnight lodge.

**Day 09:** Trek to Gokyo 4750m, 4 hrs

Trek heading this day with wonderful mountains views which you would see some yesterday. It's much better today because you are going high up. The view mainly towards to north of Cho Oyu 8201 m, world 6th highest mountain and to south back Kangtega 6685m with others peaks. Nepal Kailash Trekking Company strongly suggests you take enough drinking water with you with some snickers and walk slowly because you are in potential altitude as well as extraordinary scenery. Just climbed a little rocky cliff with stone stairs encounter small steel bridge nearby see the first lake of the Gokyo valley. Dudh Koshi name is given by these valley lakes. And just above right-hand side see moraine world longest glacier with 20 Kilometer from Cho Oyu. Such you reach to the 2nd lake of Gokyo and then 3rd lake as well which know as a Dudh Pokhari. Overnight lodge.

**Day 10:** Hike to Gokyo Ri 5360m back to Gokyo

Gokyo side trip, an early morning, drink some hot drinks a quick breakfast and take again drinking water and some light lunch like bread or cookies. After crossing the stream ascend to Gokyo Ri after climbing up about 200m you can see World 5th highest mountain Mount Makalu 8463m. The top of the Gokyo Ri provides you outstanding mountains view of Kusum kangaroo, Thamserku, Kangtega, Taboche, Cholatse, Mt Makalu, Lhotse, Everest, Pumori, Cho Oyu many more others peaks and Ngozumpa glacier. If you have flexible time then can visit to the sacred up to fifth Lake 4980 m of Gokyo valley nearby Mount Cho Oyu. This side trip also gives you the view of the north face of the mount Everest, Makalu, Lhotse, as well as Nuptse too. Back to lodge for the night

**Day 11:** Trek to Phortse 3810 m via Thare

There is an alternative trekking trail except out itinerary, to Thame and Namche via Renjo La pass 5345 m or into Everest Base Camp via Cho la pass. Our itinerary follows down with Dudh Koshi, the trail junction is separated before Pohanka by crossed Dudh Koshi River at Nha 4400 m. This trail is opposite side then you ascend for Gokyo or east, along the trail you can see the south side view of the Khumbila and valley down Phortse. Overnight lodge.

**Day 12:** Trek to Tengboche 3870 m, 2 hrs

Today is a short walking day to Tyangboche from Phortse. At first, you can visit a monastery of Phortse above the village then walk for Tyangboche. By following the trail from monastery leads you to pangboche but you have to walk little down, above the ridge of the Phortse school one trail goes little further till end the hill which brings zigzag steeply down to Imjatse River. Then climb up to Tyangboche through Rhododendron forest and it provides you a glimpse view of Mount Ama Dablam and Everest ridge through trees. Be attention to see wild birds Pheasant and musk deer. You reach to behind the Tyangboche Monastery. This late afternoon you can visit the prayer ceremony at the Monastery. Tyangboche gives you Everest Panorama view, mostly beautifully mount Ama Dablam. Overnight lodge.

### **Day 13:** Trek to Monjo 2840m 5 hrs

The day, you are going to turn off your Gokyo valley trek. At first walk steeply down to Phungi Thanga and after cross the bridge ascend towards along the lausasa (Labisyasa), Sanasa and join to Kyngjuma from where started for Gokyo Valley trekking by a junction.

### **Day 14:** Trek to Lukla

### **Day 15:** Fly back to Kathmandu

### **Day 16:** Departure

Nepal Kailash Trekking Company representative will come to your hotel to pick you up and transferred to your on next board. The program is finished.

## **Cost Includes**

- All ground transports by private vehicle as per itinerary required
- Kathmandu accommodation inclusive breakfast as per itinerary
- All entry fees as per itinerary - Sagarmatha National Park fee, Trekker's Information Management System Card fee {bring 2 copies passport size picture}
- Kathmandu Lukla Kathmandu round trip airfare and airport tax + Guide
- Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee
- An English speaking highly experienced friendly and helpful trekking guide
- One porter for two member
- Guide salary/food/accommodation/insurance and required transports
- Porter salary/food/accommodation/insurance and required transports
- Rain protection duffel bag for luggage
- Company guarantee the rescue services if needed; please hand over your insurance policy copy to us
- Government taxes and office service charge

## **Cost Excludes**

- International airfare
- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US \$ 25, for 30 days US \$ 40 and for 90 days US \$ 100 or Equivalent convertible currency {bring 2 copies passport size picture}
- Kathmandu and Lukla staying on flight cancelation due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking
- Hot shower from Namche
- Battery charge during trekking
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Horse riding along the trek

- Extra cost on natural disaster
- Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece
- Kathmandu sightseeing {it will be extra because we should arrange according your staying in Nepal}
- Any other expenses which is not mentioned in the cost include
- Tips to staffs