

# Detail Itinerary

Dolpo Rara Adventure Trekking in Nepal is the most traverse trip in High Himalaya. [Upper Dolpo](#) (Dolpa) and [Rara Lake](#) are at once one of the most adventure treks in Nepal. It is really off the beaten valley trek in remote Himalayan along the five high passes (approx) between 5000m to 5600m. Those high Himalayan passes are Numa La (5290m), Baga La (5175m), Nyingma Gyanzen La pass (5563 m), Yala La (5414 m) and Chyargo La pass (5150 m). Dolpo Rara Adventure where mostly no one encounter with other tourists except you are. It is a challenge and strenuous level trekking. This trek covers two different trekking in remote and hidden valley in west-north part of Nepal. In this trek, your footprinted in three districts such a Dolpa (Dolpo), Mugu and Jumla. Upper Dolpo and Rara trek offers two beautiful lakes such as Phoksundo Lake and Rara Lake.

We are sure that you would never and ever forget the living lifestyle and wilderness in such a remote off the beaten track. In the early 10th century has been started by the settlement in the region. It is difficult to believe that still, people are living in such a corner and ever could believe there are villages. Of course, people are Buddhist by religious who came across Himalayan passes from Tibet by the early centuries. You can see Buddhist with Bonpo in Dolpo Rara Adventure trekking in Nepal.

## How to organize Dolpo Rara Adventure Trip

We, a reliable and service-oriented local trekking company "Nepal Kailash Trekking" make guarantee safe and memorable trip. Organize the Dolpo Rara Adventure trip, it required at least two members for special trekking permit. According to the itinerary, Upper Dolpo Rara adventure Trekking in Nepal permit cost would be approx \$700 per person for one visit. The trek must organize as camping tent trekking with needed preparation. Personally experience, it is much better to have porters instead of mules. It is because of narrow trekking trails. So, it is the most dangerous for animals and in the case of snowing during the trip.

You need to fly to Juphal from Nepalgunj then start Dolpo Rara Adventure Trekking in Nepal. It is via Do Tarap, Numa La, Bagala, Phoksundo Lake, Shey Gompa, Pho Goan, Mangri. In the end, you may fly from Talcha airport if there are scheduled flights but it is not sure. That is why for sure we take a flight from Jumla.

## Trip Facts

- Trip Duration: 35 days
- Trek Duration: 30
- Max. Group Size: 15
- Min. Group Size: 02
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Trip Grade: Strenuous
- Max. Height: 5600m
- Accommodation: Camping/Tent
- Season: May - Oct

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**Cost Includes**

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